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1 min to read

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DHA

1. 2. 300

“ ” B 9 3 9 D 7 4,5

300

DHA		
DHA	(RDA)	%
D	15	
%	600	
%	1,000	
%	220	
%	27	6
%	200	7

1. 2. 3. 4. 5. 6. 7. 8.

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1. DHA

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