





[https://www.fhs.gov.hk/english/health\\_info/woman/20036.html](https://www.fhs.gov.hk/english/health_info/woman/20036.html).

6 ACOG. (2010). Retrieved from

<https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Moderate-Caffeine-Consumption-During-Pregnancy?IsMobileSet=false>.

7. 消費者-選擇6. (2013). Retrieved from

[https://www.consumer.org.hk/ws\\_chi/choice/444\\_06](https://www.consumer.org.hk/ws_chi/choice/444_06).

8. Infante-Rivard, C., Fernández, A., Gauthier, R., David, M., Rivard, G.E. (1993). Fetal loss associated with caffeine intake before and during pregnancy. *JAMA*. Dec 22-29;270(24):2940-3.

9. Furuholm, C., Warstedt, K., Larsson, J., Fredriksson, M., Böttcher, M. F., Fälth-Magnusson, K., & Duchén, K. (2009). Fish oil supplementation in pregnancy and lactation may decrease the risk of infant allergy. *Acta Paediatrica*, 98(9), 1461-1467.